



30th Annual Montville Dual Meet Tournament

December 9th–10th, 2023

Montville Township High School, 100 Horseneck Rd. Montville, NJ 07045

Eligibility: Youth Teams Only (Grades K - 8); Entry Deadline 11/10/23 or when team slots are filled

Entry Fee: \$500 per team – Entry will not be accepted until fee has been received. You may pay by check or Venmo. Make checks payable to **Montville athletic league** or **“MAL”** and mail along with entry forms to the address below. Venmo instructions are listed below.

Format: Team Round Robin; 3 pools grouped by ability; 6 Dual meets guaranteed
- *LENGTH OF BOUTS 1-1-1*

Schedule: Sat. 12/9 6:30 am – 8:30 Weigh-ins
9:00 am—6:00pm Dual Meets

Sun. 12/10 7:00-8:00 (Weigh ins) If needed
9:45 am— 4:00 Dual Meets

Referees: Some of the best NJ high school referees.

Scoring: Best team record decides winner. In the event of a tie, the following criteria apply:
1) Team Matches Won, 2). Head to head 3) margin of victory common opponents 4) Pins
Signed score sheet summary required from “Home” team for each match

Weight Classes / Weigh-ins: ⁽¹⁾

51 lbs	54 lbs	58 lbs	62 lbs	66 lbs	70 lbs	74 lbs	79 lbs	84 lbs
89 lbs	95 lbs	102 lbs	110 lbs	118 lbs	126 lbs	136 lbs	146 lbs	165 lbs

- (1) Each team may weigh-in as many wrestlers as desired and sub for each dual. All team members must weigh-in together. (Exceptions must be approved by Tournament Weigh-In-Master). A 0.2 pound allowance will be granted for wrestlers (must weigh in wearing a singlet). Once a wrestler weighs in, they can only wrestle for the team they weigh in with. Wrestlers may move up only one class from weigh-in weight.
- (2) This is a one day weigh in. Wrestlers that weigh in on Saturday do not have to weigh in again on Sunday. Wrestlers that are competing on Sunday only must weigh in on Sunday at their weigh class with no allowance.

Awards: Team trophies to pool champions as well as 2nd and 3rd place finishers.

Other:

Headgear and team singlet required
2 coaches per team allowed free entry & mat side
Teams must provide 2 scorekeepers for each dual
Admission: Adults \$5.00, Students \$3.00

Concessions: Breakfast & Lunch will be available both days in the cafeteria.

Contacts:

Brian Kapral - Tournament Director High School Head Coach 4 Ward Witty Dr Montville NJ 07045 pvbkapral@yahoo.com 973 479-6299	Taylor Meytrott-Broncos Wrestling Director meytrott@gmail.com 973 610-7208
--	--

30th Annual Montville Dual Meet Tournament

December 9th—10th, 2023

Montville Township High School, 100 Horseneck Rd. Montville, NJ 07045

Team Entry Form (Due ASAP)

To secure your place in the tournament:

1. **ASAP:** Complete this form & return with a non-refundable \$500 check made payable to the Montville Broncos to either of the addresses below. *Payment is required to hold your place in the tournament. Entry deadline is 11/18/23.*
2. **By Nov 25th:** Please email your projected team roster that will be used only for our tournament program book, you are free to make changes up-to weigh-ins

TEAM TOWN: _____

TEAM NICKNAME: _____

TEAM COLORS: _____

CONTACT: _____

ADDRESS: _____

PHONE #'s: _____

EMAIL: _____

TEAM LEAGUE(S): _____

2022/2023 TEAM DUAL MEET RECORD: _____

2022/2023 TEAM DUAL MEET TOURNAMENTS & PLACE: _____

MAIL FORMS & CHECK TO:

Brian Kapral - Director of Wrestling
4 Ward Witty Dr
Montville NJ 07045
pvbkapral@yahoo.com 973 479-6299

Or Venmo: [@Jessica-Rinchuso](#)
Please include your Team Name, Town (if applicable) and Head Coach Name.

Then email this completed form back to
pvbkapral@yahoo.com

Montville Bronco Wrestling

30th Annual Montville Dual Meet Tournament

December 9th—10th, 2023

PROJECTED TEAM ROSTER (Due no later than 11/25/23)

TEAM: _____

COACHES (2): _____

Email your projected team roster by November 25th to pvbkapral@yahoo.com

Wt. Class	Wrestler	Wrestler
51		
54		
58		
62		
66		
70		
74		
79		
84		
89		
95		
102		
110		
118		
126		
136		
146		
165		